



THE SALT HOUSE
— KITCHEN —

LUNCH
MENU

Please take a seat and we will take your order at the table. If you would prefer to sit outside please order and pay at the counter. *Thank you.*
All of our food is made fresh to order. Your patience is appreciated.

Homemade Soup of the Day

Small - £2.90 Large - £4.20

Served with hand-carved bread

Paninis & Toasties

Served with homemade coleslaw

Thick Cut Ham, Cheese & Tomato -
£5.95

Brie, Bacon & Cranberry - £6.50

Goats Cheese &
Caramelised Red Onion (v) - £6.25

Sweet Chilli Chicken & Cheese -
£6.50

Tuna & Cheese Melt - £5.95

Sunblushed Tomato,
Mozzarella & Pesto (v) - £6.25

Sandwiches

*Served in thick cut, hand-carved white
or brown bread with homemade coleslaw
& salad garnish*

*Gluten free bread is available
for all of our sandwiches*

Roast Beef & Horseradish - £5.95

Mature Cheddar
& Plum Chutney (v) - £5.25

Egg Mayonnaise & Watercress (v) -
£5.25

Thick Cut Ham Salad
with Honey Mustard Dressing - £5.95

Tuna Crunch - £5.95

The Salt House B.L.T - £5.95

Gourmet Sandwiches

*Served in thick cut, hand-carved white
or brown bread with homemade coleslaw
& salad garnish*

Freshwater Prawns, Marie Rose
& Baby Gem Lettuce - £6.50

Crab with Watercress & a
Lightly Spiced Lime &
Coriander Mayonnaise - £6.95

Smoked Salmon with Lemon
& Dill Crème Fraiche - £6.25

Spicy Piri Piri Chicken,
Salad & Lime Mayo - £6.50

Homemade Fish Finger Sandwich -
£6.25

Chicken B.L.T - £6.95

Side Dishes

Salt House Chunky Chips
Small - £2.20 Large - £3.00

Sweet Potato Fries - £3.00

Homemade Coleslaw - £1.50

Beer-battered Onion Rings - £2.95

House Salad - £1.95

Creamed Spinach - £3.00

Garlic Bread - £2.50

Mac & Cheese with Bacon, Leek
& a Cheese Crumb - £3.00

Side Sauces - 75p

Sweet Chilli/Garlic Mayo
BBQ/Chilli Pickle

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Your patience is appreciated.

Please see the board for today's Delicious Specials

Bigger Plates

The Salt House Burger - £8.95

Hand-pressed Beef & Pork patty stacked with Crispy Bacon, Mature Cheddar, Onion Rings & Chilli Pickle. Served with Homemade Chips

Steak & Ale Pie - £8.95

Served with Homemade Chunky Chips or Mashed Potato & Mushy Peas

Beer-Battered Fish, Chunky Chips & Mushy Peas - £8.95

Served with Homemade Tartar Sauce

Brie & Caramelised Red Onion Tart - £8.25

Served with Watercress Salad & Sweet Potato Fries (v)

Homemade Crispy Breadcrumbed Chicken Kiev - £8.95

Served with Chunky Chips

Homemade Fishcakes - £8.25

Served with Wilted Spinach & Parsley Cream

Twice Baked Three Cheese & Spinach Soufflé - £8.25

Served with Salad & Sweet Potato Fries (v)

Steamed Mussels - £7.95

*Cooked with White Wine, Shallots, Garlic, Lemon Juice & Parsley
Served with Homemade Chips*

Spicy Cajun Chicken Burger - £8.75

Breaded Chicken Breast, Lettuce, Tomato & Mozzarella. Served with Chunky Chips

Teriyaki Salmon - £9.75

Served on a bed of Egg Noodles & Asian Vegetables

Upgrade to sweet potato fries from chips on any of our bigger plates for £1

Something for the Kids

(Under 12 years old)

£3.95

Mac & Cheese (v)

Homemade

Chicken Goujons

*Served with Chunky Chips,
Beans or Garden Peas*

Sausage, Mashed Potato & Gravy

Homemade

Fish Goujons

*Served with Chunky Chips,
Beans or Garden Peas*

French Bread Pizza

*Topped with Tomato Sauce
& Cheese (v)*



THE SALT HOUSE KITCHEN

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information for food and drink is available, upon request. Dishes containing fish may contain small bones. (v) = made with vegetarian ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. All prices include VAT at the current rate.

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