



BREAKFAST
MENU

Please take a seat and we will take your order at the table.
If you would prefer to sit outside please order and pay at the counter. Thank you.

All of our food is sourced from quality local suppliers & made fresh to order. Your patience is appreciated.

Served from 9am until 11:45am Monday to Friday & until 11:30am Saturday & Sunday

Breakfasts

The Salt House Breakfast	£9.95	The Salt House Vegetarian Breakfast (v)	£9.95
Two Rashers of Grilled Back Bacon, Pork Farmhouse Sausage, Black Pudding, Pan Fried Mushrooms, Grilled Tomato, Poached Egg, Heinz Baked Beans, Potato Hash & Thick Cut Granary or Farmhouse Toast		Two Eggs cooked any style, Sliced Avocado, Wilted Baby Spinach, Heinz Baked Beans, Pan Fried Mushrooms, Grilled Tomato, Potato Hash & Thick Cut Granary or Farmhouse Toast	
The Salt House Vegan Breakfast (ve)	£9.95	Protein Breakfast	£8.50
Sliced Avocado, Wilted Baby Spinach, Heinz Baked Beans, Pan-fried Mushrooms, Grilled Tomato & Seitan		Scottish Smoked Salmon, Baby Spinach & Two Poached Eggs	
Whole Smoked Kipper	£8.50	Add a Whey Protein Shake	for £3.70
Served with Lemon, Butter & Granary Toast		Hot Smoked Salmon	£10.80
		Hot Smoked Salmon on Grilled Sourdough with Avocado and Crème Fraîche	

Bakery

Pancakes Served with:	
Maple Syrup & Streaky Bacon	£6.95
Maple Syrup & Fruit Compote (v)	£6.95
Banana, Blueberries & Maple Syrup (v)	£6.95
Nutella, Strawberries & Cream (v)	£6.95
Poached Egg, Streaky Bacon & Maple Syrup	£7.95
Cinnamon French Toast (v)	£6.95
Served with Caramelised Banana & Maple Syrup	
Toasted Teacake (v)	£2.80
Served with Jam or Marmalade	
Thick Cut Granary or Farmhouse Toast (v)	£2.50
Served with Jam or Marmalade	
Rolled Scottish Oat Porridge (v)	£4.25
Served with Honey & Banana or Blueberries	

Eggs

Eggs on Toast (v)	£5.75
Two Poached, Scrambled or Fried Eggs served with Thick Cut Granary or Farmhouse Toast	
Why not add:	
Avocado	
Scottish Smoked Salmon	
Grilled Back Bacon	
or Pork Sausage	
Omelette	£7.95
Made with Three Eggs & your choice of two fillings – Ham, Cheese, Tomato, Mushroom or Onion	
Eggs in a Basket	£8.95
Fried Egg, Sourdough, Caramelised Onion & Crispy, Streaky Bacon	
Vegan Omelette (Vegan)	£6.95
With a choice of two fillings: Cheese, Avocado, Spinach, Mushroom, Onion or Tomato	
Speciality Eggs — Poached Eggs Served on a Toasted English Muffin with Hollandaise Sauce	
Eggs Benedict with Ham	£8.95
Eggs Florentine with Baby Spinach (v)	£8.95
Eggs Royale with Scottish Smoked Salmon	£8.95

Breakfast Sandwiches

Grilled Back Bacon	£4.50
Farmhouse Pork Sausage	£4.75
Bacon, Egg & Sausage	£6.50
Why not add:	
an Egg, Mushrooms or Tomato	

Children's Menu

£3.85
(Under 12 Years Old)
Scrambled Egg,
Sausage & Beans (v)
Eggy Bread (v)
Sausage & Beans

Extras

Grilled Bacon (2) · Eggs (2)
Avocado (½) · Baby Spinach
Grilled Halloumi (2)
£1.95
Smoked Salmon £2.50
Baked Beans · Mushrooms
Black Pudding (1) · Tomato
Farmhouse Pork Sausage (1)
£1.50

V: Vegetarian

GF: Gluten Free