Please take a seat and we will take your order at the table. If you would prefer to sit outside please order and pay at the counter. Thank you.

All of our food is made fresh to order. Your patience is appreciated.

Please See the Board for Today's Soup & Delicious Specials

	All sandwiches marked (GF) have glut	en free filli	ings & are available with Gluten Free Sliced Bread	
St	eak, Caramelised Onion, Toasted Ciabatta		Ham Salad with a Honey Mustard Dressing	
w	ith Wholegrain Mustard & Brie	£9.95	on Thick Cut Bread	8.95
Cı	rispy Battered Fish Fingers on Thick Cut Bread		Breaded Goat's Cheese, Spinach &	
w	ith Tartar Sauce and a side of Mushy Peas (GF)	£9.95	Caramelised Onion wrap (V)	£8.95
o	pen Fresh Crab Meat sandwich with an		Cajun Chicken Wrap	
A	pple & Lemon Mayonnaise on Thick Cut Bread (GF)	£9.95	with Smoked Paprika Coleslaw	£9.95
О	pen Prawn with Thousand Island Dressing on		Honey-Glazed Beetroot, Hummus &	
Γl	nick Cut Bread with Cherry Tomatoes & Lettuce (GF)	£9.95	Sundried Tomato Toasted Ciabatta (V)	£7.95
Н	am, Melted Cheddar & Tomato Toasted Ciabatta (GF)	£8.95	Roast Courgette, Pepper & Hummus in a Toasted Pitta (V)	£7.95
C1	heddar Cheese and Chutney on Thick Cut Bread (V)	£6.95	Melted Brie, Bacon & Cranberry Toasted Ciabatta (GF)	£8.95

B	igger	Plates	
The Salt House Burger Hand-pressed 100% Beef Patty stacked with Bacon, Cheddar, Onion Rings, Gherkin and Salad. Served with Homemade Chips	£13.95	Roast Tomato, Basil & Parmesan Tarts (V) £12.95 Served with Salad and New Potatoes	
Wholetail Whitby Scampi Homemade Chips, Salad and Tartar Sauce	£12.95	Steak & Ale Pie £13.95 Served with Mash or Chips and Garden Peas	
Breaded Cajun Chicken Burger With Tomato, Lettuce, Paprika Coleslaw and Fries (Gluten Free available)	£13.95	Breaded Goat's Cheese & Portobello Mushroom Burger (V) \$12.95 Served with Fries and Tomato Relish	
The Salt House Chicken Parmo Topped with Napoli Sauce and Cheddar. Served with Fries and Salad	£13.95	Homemade Lamb Koftas £13.95 Served with Greek Salad, Tzatziki and warm Pitta	
Beer Battered Fish Homemade Chips, Mushy Peas and Tartar (Gluten Free available)	£14.95	Pan Fried Seabass (GF) £13.95 Served with New Potatoes, Seasonal Vegetables and Tomato Salsa	
Homemade Fish Cakes Served with Fresh Greens, Cream Sauce and Soft Poached Egg	£13.95	Quesadilla Chicken £13.95 Two flour Tortillas filled with Vegetarian £12.95 your choice of seasoned Chicken or Vegetables & melted Cheese. Served with Salt House Salad	
The Salt House Burger Hand-pressed 100% Beef Patty stacked with Bacon, Cheddar, Onion Rings, Gherkin and Salad. Served with Homemade Chips Wholetail Whitby Scampi Homemade Chips, Salad and Tartar Sauce Breaded Cajun Chicken Burger With Tomato, Lettuce, Paprika Coleslaw and Fries (Gluten Free available) The Salt House Chicken Parmo Topped with Napoli Sauce and Cheddar. Served with Fries and Salad Beer Battered Fish Homemade Chips, Mushy Peas and Tartar (Gluten Free available) Roast Tomato, Basil & Parmesan Tarts (V) Served with Salad and New Potatoes Served with Mash or Chips and Garden Peas Breaded Goat's Cheese & Portobello Mushroom Burger (V) Served with Fries and Tomato Relish Homemade Lamb Koftas Served with Greek Salad, Tzatziki and warm Pitta Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa Pan Fried Seabass (GF) Served with New Potatoes, Seasonal Vegetables and Tomato Salsa			

		Salads	
	Chicken Caesar Salad		£11.95
	Beetroot & Feta Salad (V) (GF	£11.95	
	Hot Smoked Salmon & Orang With a Citrus Dressing	ge Salad (GF)	£12.95
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	Sides & Sauce	S	
	Salt House Chunky Chips	£3	.70
	Sweet Potato Fries	£3.	95
	Fries	£3.	95
	Truffle & Parmesan Fries	£4.	50
	Crispy Potato Skins		
	with Garlic Mayo or BBQ Dip	£3.	50
	Beer Battered Onion Rings	£3.	.50
	Salt House Side Salad	£2.	95
	Homemade Slaw	£2.	50
	Seasonal Vegetables	£3.	95
	Mushy Peas	£2.	50
	Sauces	9	5p
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111111111	Children's Menu Strictly under 12 years old only	111111111
	£5.95	
	Homemade Fish Goujons Chips & Beans or Garden Peas	
	Homemade Chicken Goujons Chips & Beans or Garden Peas	
	Sausage, Chips & Beans	
	Burger & Fries	
	Cheese & Tomato Pizza	

All our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are present and our menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Dishes containing fish may contain small bones. (V) = made with vegetarian ingredients, however some of our preparation and cooking methods could affect this. If you require more information, please ask your server. All prices include VAT at the current rate.

V	GF
Vegetarian	Gluten Free